



## Translation

“O you who believe! Fasting is prescribed for you, as it was prescribed for those before you, so that you may guard (against evil).”



Sūrah al-Baqarah, 2:183



يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا  
كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ



## Related Hadith



“Fasting is just as much keeping away from prohibited things as it is keeping away from food and drink.”

Imam Ali (as) – Mizan al-Hikmah, H. 1208



## Vocabulary



	كُتِبَ
	الصِّيَامُ
	تَتَّقُونَ



## Research & Reflections

Each verse is a sign (*āyah*). Look at the *tafsīr* of the verse and reflect on the main themes. What lessons can I take from it?



## Action Plan



What will I do to  
implement this  
into my life?