



Translation



Sūrah Qāf, 50:16



“Certainly We have created man and We know to what his soul tempts him, and We are nearer to him than his jugular vein.”

وَلَقَدْ خَلَقْنَا الْإِنْسَانَ وَنَعْلَمُ مَا تُوَسْوِسُ بِهِ نَفْسُهُ وَنَحْنُ أَقْرَبُ إِلَيْهِ مِنْ حَبْلِ الْوَرِيدِ



Related Hadith



“Be wary of your duty towards Allah, [the Lord] who hears when you speak and knows when you conceal something in your heart.”

Imam Ali (as) - Ghurar al-Hikam, H. 10646



Vocabulary



	نَفْسُهُ
	أَقْرَبُ
	حَبْلِ الْوَرِيدِ



Research & Reflections

Each verse is a sign (*āyah*). Look at the *tafsīr* of the verse and reflect on the main themes. What lessons can I take from it?



A large grid of dotted lines for writing reflections.



Action Plan



What will I do to implement this into my life?

Three horizontal dotted lines for writing an action plan.